

Подготовка за наблюдения

Francis Berthomieu, Ricardo Moreno, Beatriz García, Rosa M. Ros
International Astronomical Union, CLEA (Niza, France), Retamar School (Madrid, Spain), National Technological University (Mendoza, Argentina), Technical University of Catalonia (Barcelona, Spain)

Резюме

“Звездно парти” може да бъде начин да се учите и да се забавлявате, особено ако го правите с приятел или с група приятели. Трябва да се подготвим за него, особено ако имате намерение да използвате някои инструменти. Но не пренебрегвайте простата радост от гледане на небето с невъоръжено око или бинокъл.

Цели

- да обясните как да изберете правилното място, време и дата, какво оборудване ще вземете и как да планирате събитието.
- да се научите да използвате програмата Stellarium.
- да разпознавате проблемът за светлинното замърсяване.

Избор на място и дата

Атмосферната светлина зависи до голяма степен нашето възприятие за небето. В градовете можете да видите само Слънцето, Луната, няколко планети и няколко ярки звезди и спътници. Далеч по-добре да се наблюдава от тъмно място, въпреки че може да се наложи да се откажете от предимството да го направите в училище или от дома.

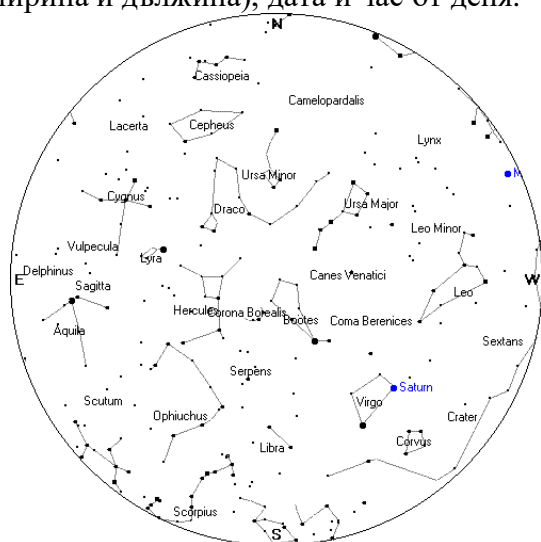
Ако искате да видите повече звезди и мъглявини, трябва да отидете на място далеч от пътища и градове, защото градове изпращат ореол от светлина, която не позволява правилното зрение. Това явление е известно като "светлинно замърсяване". Също така се избегне околностите на изолирани лампи или лампи. Стойте далеч от пътища, където колите могат да ни заслепяват с фаровете им; открито пространство, където големите дървета не пречат на вашия поглед към небето.

При избора на дата, разбира се, вие ще искате ясно време без облаци. Най-добре, когато температурите са удобни (препоръчваме проверка на времето в интернет). Фазата на Луната е много важно. Най-лошите дни са, когато Луната е пълна, тъй като това ще доведе до много околна светлина и ще видим само най-ярките звезди. Когато намалява, Луната ще се издигне по-късно, ние няма да я видим, ако не останем да наблюдаваме до зори, но тъмното небе ще го имаме в началото на вечерта. Може би най-интересни са дните, когато Луната е малко преди първа четвърт, тъй като в ранните часове на нощта, можем да видим кратерите на Луната, и когато Луната залезе под хоризонта, ще имаме

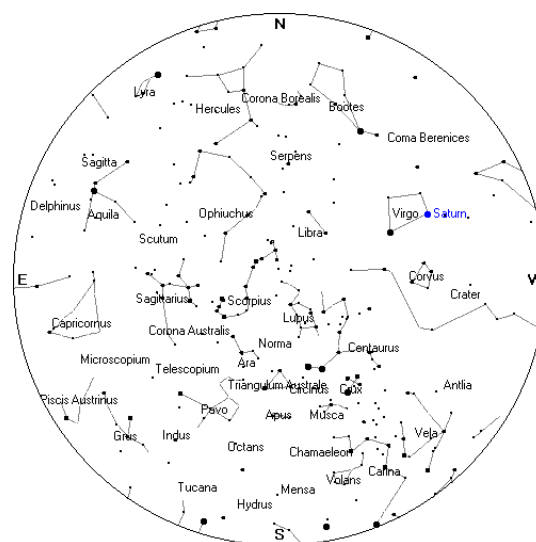
няколко часа тъмното небе за нашата наблюдателна сесия. Ако имаме телескоп, трябва да отидем на избраното място, преди залез Слънце, докато има достатъчно естествена светлина, за да се подготви оборудването преди стъмване.

Необходимо оборудване

Планиране на наблюдението. Ние трябва да помним, че небето се променя в зависимост от географската ширина на наблюдателя. Можете да получите информация от програмата Stellarium (www.stellarium.org, вижте приложението към тази част от бързото ръководство), погледнете в астрономически списания, или разгледайте книги. В мрежата има много места, където може да намерите звездни карти, например www.heavens-above.com/skychart или в www.skyandtelescope.com. За да се снабдите с някои от тези небесни карти, трябва да посочите мястото, (обикновено географска ширина и дължина), дата и час от деня.



Фиг. 1: Пример на небесната равнина (Звездна карта). Това е за северна средна географска ширина, средата на юли, 22 ч.



Фиг. 2: Пример на небесната равнина (Звездна карта). Това е за южна средна географска ширина, средата на юли, 22 ч.

Червено фенерче. В тъмнината, зениците на очите ни бавно се отварят, за да поемат повече светлина което ни гарантира да "виждаме" през нощта; тази способност се нарича "нощно виждане". Нощното виждане е свързано с един от двата вида фото чувствителни клетки в ретината: пръчиците. В ретината има два типа клетки: конусите/колбички/, чувствителни към цветовете и се активират при ярка светлина, и пръчици, които са активни само при ниски нива на осветеност. Ако изведнъж зоната, в която ние търсим стане осветена, зеницата се затваря веднага и пръчиците са "извадени от строя". Ако влезе в тъмното отново, на ученика ще отнеме известно време, за да се отворят зениците изцяло отново, но на пръчиците ще отнеме най-малко 10 минути, за да се даде отново възможност за нощно виждане. Пръчиците са по-малко чувствителни към червената светлина. Така с помощта на червена светлина се заблуждава окото в качеството, ако тя е много по-тъмна. Те ще запазят нощно виждане по-добре. За създаване на червен фенер ние използваме нормално фенерче и добавяме един прост филтър с помощта на парче от прозрачна червена хартия.

Храна. Ние трябва да обмислим реалното време на дейността - няколко часа, като отчетем времето за пътуване, подготовка на материалите, наблюдението, събиране и пътуването обратно. Дейността ще бъде по-приятна, ако си набавим някои храни и напитки (горещи или студени в зависимост от сезонните температури).

Зелена лазерна показалка. Полезно е да се показват съзвездия, звезди и др. Бъдете много внимателни с този тип показалка. Никога не насочвайте към очите на участниците в наблюдението - тя може да ги повреди. Никога не насочвай лъча към самолети. С този инструмент могат да манипулират само възрастни.

Дрехи. Дори и през лятото, през вечерта, температурата винаги върви надолу, вятърът често се усилва, и ние трябва да помним, че ще да бъдем там в продължение на няколко часа, а времето може да се промени. Планирайте за по-ниски температури, отколкото през деня.

Бинокъл, телескопи, камера (виж по-долу) тези материали се променят в зависимост от наблюденията, които планираме.

Ако има облаци. Облачното небе може да разстрои целия план. Все пак ние сме предвидили алтернативен план: разказваме истории за митологията на съзвездията или говорим на всякакви астрономически теми. Ако имаме интернет, можем да се насладим на популярната Google-Земя, гледайки небето (Google Sky) или Марс, или всяка друга симулационна програма за небето, или може да гледате видео за нещо астрономическо в YouTube.

Невъоръжено око

Важно е да се знае за небето с невъоръжено око. Това означава да се познават имената на най-големите съзвездия и ярките звезди, трябва само карта на небето, и ако е възможно, зелена лазерна показалка. Много полезни са приложенията за iPhone / iPad или Android, които могат да ви покажат съзвездията и планетите и да ви помогнат да се ориентирате към останалата част от небето, с помощта на телефона - GPS. Телефонът не е засегнат от облаци, така че може да служи като алтернатива, ако небето е покрито с облаци.

Звездите, които виждате зависят от това къде сме ние: в близост до Северния полюс ще се виждат само 50% от звездите в небето, тези в северното небесно полукълбо. В близост до екватора, ще видите всичко на небето в крайна сметка, но кои от тях по една-единствена нощ зависи от времето на годината. В близост до Южния полюс ние отново виждаме само половината, в този случай тези, които са в южното полукълбо.

Съзвездията и звездите, които препоръчваме да познавате са:

СЕВЕРНО НЕБЕСНО ПОЛУКЪЛБО

Съзвездия: Голяма мечка, Малка мечка, Касиопея са всъщност околополюсни, така че винаги се виждат. През лятото също се виждат Лебед, Лира, Херкулес, Воловар, Северна корона, Лъв, Стрелец и Скорпион. Тези, които виждате през зимата са: Орион, Малко куче, Бик, Колар, Андромеда, Пегас, Близнаци, и купът Плеади.

Звезди: Полярна (в близост до северния небесен полюс), Сириус, Алдебаран, Бетелгейзе, Ригел, Арктур, Антарес и т.н...

ЮЖНО ПОЛУКЪЛБО

Съзвездия: Южен кръст, Стрелец, Скорпион, Лъв, Кил, Кърма и Корабни платна (трите съзвездия образуват древното съзвездия Argo, корабът на Аргонавтите). Също така е възможно да се видят Орион и Голямо куче от това полукълбо.

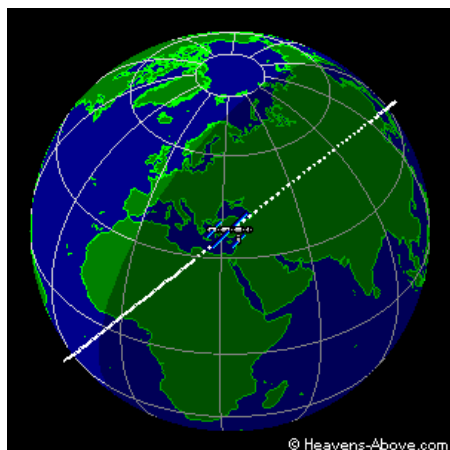
Звезди: Антарес, Алдебаран, Сириус, Бетелгейзе. В южното полукълбо няма звезда, която да отбелязва южният небесен полюс.

Съзвездията, които са в района, наречен "Зодиак", могат да се видят от повечето части от северното и южното полукълба въпреки че те променят ориентацията си на небесната сфера.

Интересно е да се проследяват променящите се фази на Луната всеки ден, и промяната на положението и на фона на звездите. **This last can be done also with the planets, noting its slow movement on other planets near or on the stars. This is especially noticeable in the faster moving like Venus or Mercury, when you see at sunset. These planets also may be visible at sunrise and then you can continue recognizing them in the sky beyond the night of observation.**

За няколко часа след залез слънце, можете да видите падащи звезди (метеори) по всяко време, с честота от около 5 до 10 на час. В определени периоди от годината има "падащи звезди", които са много повече. Например около 03 януари са Квадрантидите, с около 120 метеора на час, на 12 август Персеиди, 100 / ч., на 18 ноември е пика на Леониди, с около 20 / ч, и между 12 и 14 декември са Геминиди с 120 / ч. Персеидите не са видими от южното полукълбо.

Има много сателити в орбита около Земята и когато те са осветени от Слънцето може да се видят от Земята, движейки се бавно по небето. Тъй като височината им обикновено не е голяма, можете просто да ги видите, ако това е дълъг път скрит слънцето, например, Международната космическа станция (МКС) е много светъл обект и отнема около 2-3 минути, за да премине през видимото небе. Времената на тези и много други спътници могат да бъдат предвидени за дадено географско местоположение с една седмица по-рано (виж www.heavens-above.com).



Фиг. 3: Път на МКС



Фиг. 4: Увеличение и диаметър на обектива

Observations with binoculars

A useful and easily available astronomical instrument is binoculars. Although its ability to magnify is usually small, they collect much more light than our pupil, and help us see objects that at first glance are very faint such as star clusters, nebulae, and double stars. Also binoculars have the advantage of increasing the color differences of stars, especially if slightly out of focus.

They usually bear inscriptions such as 8x30 or 10x50. The first figure gives the magnification and the second the diameter of the front lens in mm. One highly recommended size for this activity is the 7x50. At higher magnifications, the image moves a lot, because it is difficult to keep steady, and larger apertures increase the price enough.

Interesting objects to see with binoculars are the Andromeda Galaxy (M31), the Hercules Cluster (M13), the double cluster in Perseus, the Praesepe (M44), the Orion Nebula (M42), the entire area of Sagittarius (nebulae such as the Lagoon M8, Trifid M20, Omega M17, several globular clusters M22, M55, etc..) and in general the Milky Way, seen with many more stars than the naked eye. In the southern hemisphere Omega Centauri and 47 Tucanae are spectacular globular clusters.

Observational telescope

Most people know that the mission of a telescope is to enlarge distant objects, but fewer people know that has another mission as important as this: to capture more light than the human eye. This will allow one to see faint objects that would remain faint even if we increased the magnification.

A telescope has two main parts: the objective and the eyepiece. The objective is a large diameter lens that bends light (refracting telescopes) or a mirror that reflects light (reflecting telescopes). Most objective mirrors are parabolic in shape. The eyepiece is a small lens which, as its name suggests, we place the eye to see. It is usually removable, so that different sizes of eyepiece allow more or less magnification.

The larger the objective is, more light gets collected, and we can see fainter objects. High quality lenses are more expensive than mirrors of the same diameter, so larger telescope are more frequent reflecting telescopes. The most common type is the Newtonian, consisting of a concave mirror at the bottom of the tube, which returns the rays of the top of the tube, where there is a small secondary mirror at an angle of 45°, which deflects the rays to a point outside the tube, where the eyepiece is placed. The secondary mirror blocks some of the incoming light, but is not significant. Another design is the Cassegrain type, which sends the secondary light toward a central hole of the primary mirror. The eyepiece is placed behind that central hole. Finally, there are catadioptrics, typically like a Cassegrai but adding a thin lens at the entrance of the tube, there by greatly reduce the length of the tube and make it more light weight and portable.

The magnification of a telescope is given by the ratio of the focal length of objective (either lens or mirror) and focal length of the eyepiece. For example, if we have a telescope with a lens focal length of 1,000 mm and we put an eyepiece of focal length 10 mm, we obtain a magnification of 100. If we want to double the magnification, we will need either a longer focal length objective or put shorter focal length eyepiece. This has a practical limit because eyepieces with small focal lengths are difficult to manufacture and give blurred images.

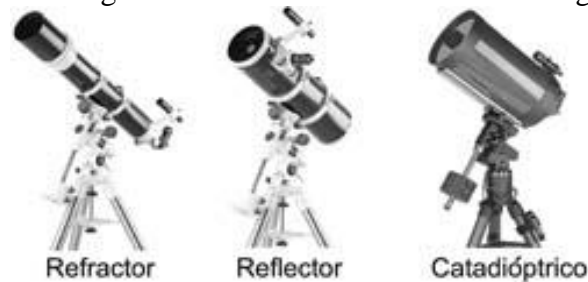


Fig.5: Different optical telescopes

Manufacturers often describe telescopes in terms of focal ratio, for example $f / 6$ or $f / 8$. The focal ratio is the focal length of lens or the primary mirror divided by the opening and it works to meet one of these two quantities, if it know the other. For example, if we have a refractor $f / 8$ and the objective lens is 60 mm in diameter, the actual focal length of the telescope will be multiplied by aperture, namely $8 \times 60 = 480$ mm. At the same lens aperture, the larger focal ratio, the smaller field of view and magnification.

The larger the aperture of a telescope will capture more light, and therefore be brighter, and allow you to see fainter objects. Also, it offers a higher level of resolution, which is the ability to see details: when resolution is low you will see a blurred image, and when it is high it looks very clear, with many details. It also influences the darkness of the night: in the days of full moon or light around you can't see faint stars.

Another important limitation is the atmospheric stability. We've all seen how the warm atmosphere of a desert shakes the vision in movie scenes shot with telephoto lenses. When we look through a telescope, small air disturbances make the image move. Astronomers refer to this as the concept of "seeing". The atmosphere is what makes stars twinkle.

The image that you see with a telescope is reversed, but this does not matter much: in the Cosmos up and down positions are relative. There are accessories that flip the image and put it correctly, but at the cost of slightly lower brightness.

The mount is an important piece of a telescope. A poor quality mount allows the telescope tube to swing every time you touch. The result is a dance in the view, apart from feeling dizzy, you will be unable to see the details. It is important that mounts are rigid and stable.

There are two types of mounts: the azimuth and equatorial. The azimuth mount is the simplest but least useful. It can be rotated left and right about its vertical axis, and up and down around a horizontal axis. The Dobsonian mount is a azimuthal type that is easy to transport and use. In the equatorial mount there are two inclined axes situated at 90 degrees to each other. One, the polar, must be directed to rotational pole of the Earth. It turns in right ascension. The other axis, the equatorial axis, gives us the declinations. This is used by

professional astronomers and by many amateur astronomers. They may include a motor in the equatorial axis that compensates for the rotation of the Earth. If not, especially with large magnification, the image leaves the field of vision in a surprisingly short time.

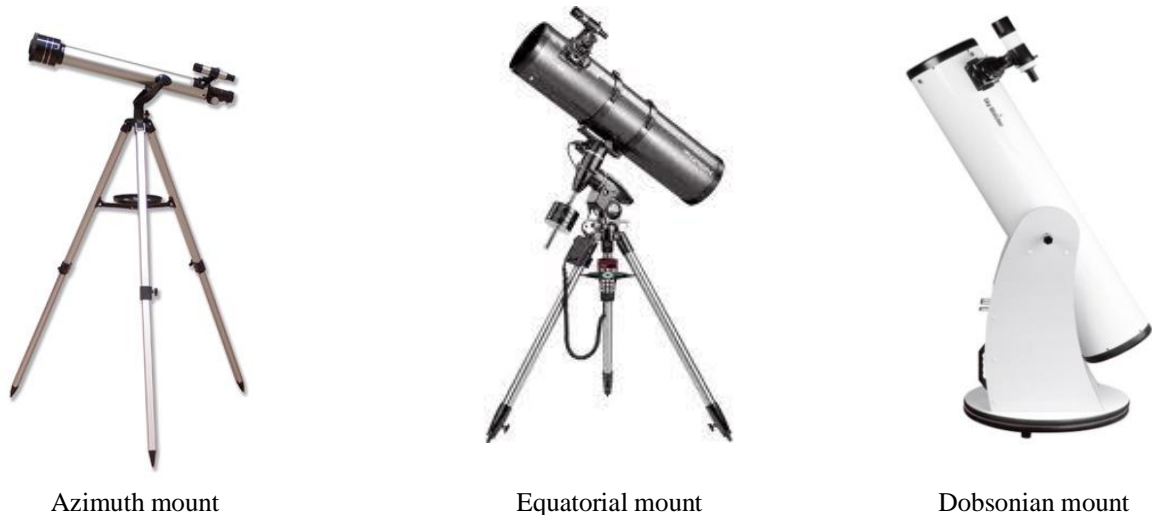


Fig. 6: Different mounts support telescopes

If you have an equatorial mount, you should orient it so that the polar axis is aligned with the North Pole (or South) of the sky. That takes time, but is necessary for the equatorial tracking motor, that serves to look at the object, does not move over time, something essential in photography. If we have no motor, exact alignment is less important, but will serve to keep the object in the field of view by moving a single wheel.

Finally, computerized telescopes, with a database of positions of celestial objects and two motors. Once you are set up correctly, these are easier to use. However, you must align it with three known stars in order to set it up, and beginners often are confused by this step.

The sky's movements

Basically the sky's movements that we observe respond to relative motions of rotation and translation of the Earth. This situation makes that us perceive the sky as a set with two basic movements: daily and yearly.

The diurnal movement is very important, that is very fast and hardly allows us to perceive the annual movement that is much slower. The Earth rotates around 360° in 24 hours; this is 15° every hour. This movement is very noticeable although not we are making not careful observations. The translational motion is 360° every 365 days, which means about one degree every day (just under one degree per day). If we imagine that there were no rotation, we could see in the night sky from one day to the next, the same star at the same time in the same place but run only one grade (i.e. the thickness of a index finger at the extended arm) compared to the previous day. This observation can only be done if we take as a reference one antenna or a post that allows us to relate the observation of a date on the next day. This movement is almost negligible if we do not have a reference and therefore not visible to the naked eye, but what we notice is that the sky of one day of the year is completely different after three months

or six months. After three months the translation corresponds to 90° , or about $1/4$ the sky and in half a year is $1/2$ sky that is the other side of heaven, diametrically opposed. This movement has been masked night after night because the rotation, but even then we all know that watching naked eye after three months the constellations of the night sky are very different.

Activity 1: Celestial Dome Umbrella

A simple umbrella can allow us to visualize the movements of the sky explained previously. The umbrella used routinely placed over our heads a dome where we can draw the desired constellations. We will use a black gentleman umbrella and on it will draw with white paint (or a corrector using bstudents).

In this model we will not draw all the constellations, but only we will draw some constellations and only the more important stars in its. We do not search for beautiful result; we want a working model with which we can think.

Each umbrella will serve to display for one of the two hemispheres. The intersection point between the umbrella's cane and the umbrella's fabric is the pole of the hemisphere considered. The area of the edge of the fabric umbrella (where the ends of the rods are protected with a piece of plastic), tacos rods, corresponds approximately to the celestial Ecuador.

Then, the best is to prepare two umbrellas one for each hemisphere.

In the northern hemisphere will draw:

- In the vicinity of the North Pole (close to the cane of the umbrella) the Big Dipper, Cassiopeia and the polar star which is precisely where the umbrella's cane passes through the fabric
- In the area of the outer edge of the umbrella will draw four constellations, one for each season, the most common and easily recognized:
 - Spring: Leo
 - Summer: Cygnus
 - Autumn: Pegasus
 - Winter: Orion:

Definitely it is possible to choose any other, but must be distributed in an equidistant way, each one located about 90° from the previous one.

In the southern hemisphere represent:

- In the environment of the South Pole (close umbrella's cane) the Southern Cross and the southern celestial pole is located exactly umbrella's cane passes through the fabric
- In the area of the outer edge of the umbrella we will draw four constellations, one for each season, the best known:
 - Spring: Acuario
 - Summer: Orion
 - Autumn: Leo
 - Winter: Scorpio:

The idea is to choose great constellations and usually above the horizon. This depends a bit of the place of observation, but this proposal can be adapted to each case

If the city where we are is located is in the equatorial zone between 20° north latitude and 20° south latitude, it is necessary to draw the two umbrellas. If we are located in the northern hemisphere, at latitude ranges between 30° and 90° we will draw only the umbrella for this hemisphere and the same thing happens if we are in the southern hemisphere.

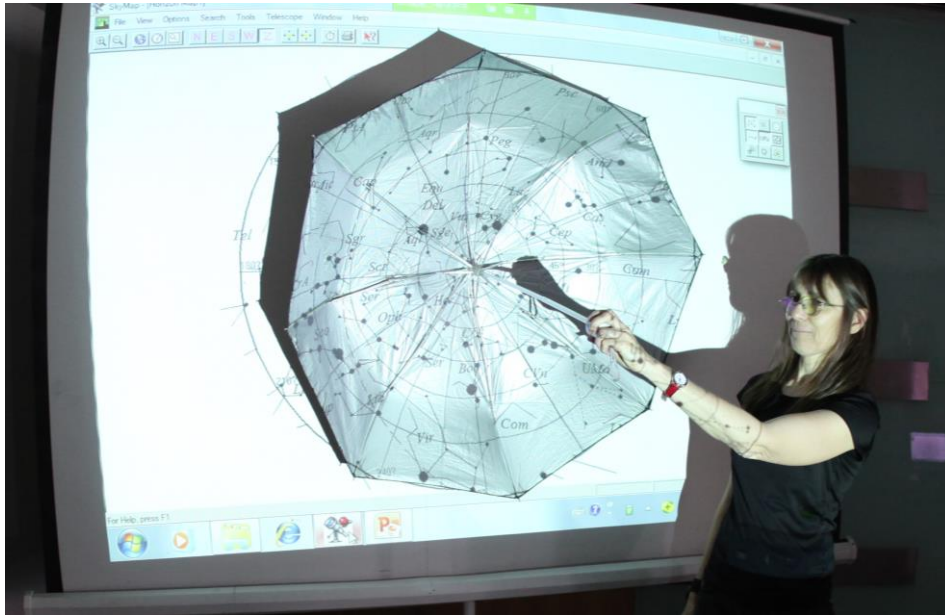


Fig.7: Projecting the stars of the northern hemisphere on a screen to draw the desired constellations. We recommend preparing the model over a black umbrella; although to photography have used one of another color in order to explain the process.

To draw constellations with white paint is very convenient to use Stellarium or a similar software and project the light with a multimedia projector on the umbrella's fabric putting the polo exactly at the point of intersection of the umbrella's cane with the fabric. We will project the corresponding hemisphere (figure 7). Once completed each umbrella we can use it with students placing it above their heads (figure 8).



Fig. 8 Using the northern hemisphere's umbrella with students

We will put the umbrella's cane inclined in the direction of the pole corresponding hemisphere (like the rotation axe of the Earth). Imagine the floor of the room up to our neck, this would be the horizon, so that part of the fabric of the umbrella would be below this horizon. Then we distinguish two parts in this imaginary horizon. The part that is near the pole where the sky observed throughout the year is always more or less the same (when looking at the area of intersection stick umbrella fabric). The Ecuador's area that remains higher above the horizon, is the most interesting part because the constellations change throughout the year (figure 9).

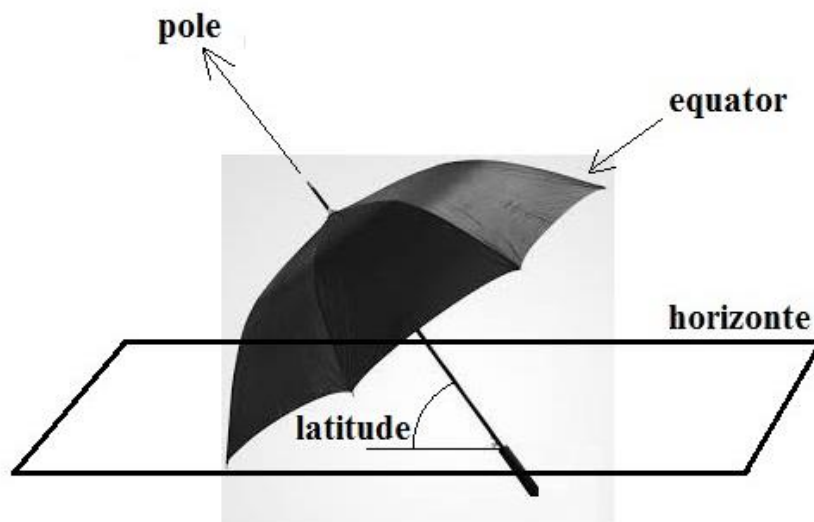


Fig.9: Umbrella's cane inclined in the direction of the pole according to the latitude. We imagine the plane of the horizon that covers part of the umbrella..

We have to insist that the model explains the translational motion. We imagine that there is no rotation, something equivalent to observe every day more or less at the same time. We also noticed that in this simplified model, we visualize the movement of the sky 90° to 90° discretely, ie every 3 months. As the sky movement is continuous and every day, when it is mentioned that a particular constellation is visible during a season, we must understand that is

about the constellation that we see in the center of the horizon in the middle months of the season.

HOW TO USE

We like to use the umbrella to understand the translational motion.

Northern Hemisphere.

To fix ideas, suppose that we are in a place of latitude 40° North. We put the umbrella of the northern hemisphere with cane North Pole (40° inclined above ground) above our heads.

In the northern hemisphere the polar star is practically located at the North Pole. It is easy to recognize the constellation of the Ursa Major or Cassiopeia. From the Ursa Major or Big Dipper prolong 4 times the distance between the two farthest stars of the tail of the constellation and locates the polar star. Using Cassiopeia, the polar is in the intersection of the two bisectors of each V of the double W representing Cassiopeia.

Northern Horizon

We look to the polar star area. If we introduce a slight rotation we observe the constellations of Ursa Major and Cassiopeia rotate around the North Pole throughout the year (figure 10).



Fig. 10: Relative positions of the Ursa Major around the North Pole throughout the year

We begin by placing the Ursa Major on the top and Cassiopeia down (which happens in spring), we turn the handle of the umbrella 90° in order to have the Ursa Major in the left and Cassiopeia in the right (then we have the situation of summer). Again we rotate the handle 90° in the same direction, then the Ursa Major is down and Cassiopeia is up (this is the position corresponding to autumn) and finally we rotate 90° leaving the Ursa Major on the

right and Cassiopeia left (this is in winter). If we rotate again 90° we reproduce the initial situation and begin the four seasons of a new year (figure 10)

As described at the whole process, it is understood that this area of the sky, which is called the northern horizon, this is the area of the horizon corresponding to the North, the constellations that we see throughout the year are always the same and there is more variation

Southern Horizon

We consider now the equatorial area, the area of the lugs of the rods now. The constellations in this area of the southern horizon vary by season. The central spring constellation is Leo, and then we place the umbrella with Leo in the highest part of the horizon. Then we rotate $\frac{1}{4}$ turn umbrella, or 90° and we have over the southern horizon, the central constellation of summer: the swan is with Lira and Aquila summer triangle. With another $\frac{1}{4}$ turn we are in autumn and the central constellation will be the great quadrilateral of Pegasus. And we turn another 90° we are in winter, and dominates the horizon sky the constellation Orion with his hounds dominates the horizon sky.

Southern Hemisphere

Consider, for example, latitude of 40° South. We put the umbrella of the southern hemisphere with cane headed south pole (inclined at about 40° from the floor) over our heads.

In the southern hemisphere there is no polar star that allows visualizing the position of the South Pole. The Southern Cross constellation is used to mark the position of the southern celestial pole; this should be extended to the major axis of the cross towards the foot of the cross 4.5 times. This constellation makes one revolution around the pole in 24 hours. The position changes throughout the year for the same time, as shown in figure 10. We assume that is the same time to obviate the rotation of Earth and observe only the sky rotation due to the translation.

Southern Horizon

Look to the area of the intersection between umbrella's cane and umbrella's fabric, where is the South pole. We rotate slowly the handle and note that the constellation of the Southern Cross rotates around the south pole throughout the year. We begin by placing the Southern Cross above (what happens in winter), we rotate the handle of the umbrella 90° until to have the Southern Cross on the right (the position on spring). We rotate again 90° in the same direction, then the Southern Cross is down (this is the position corresponding to the summer) and, finally rotate 90° leaving the Southern Cross on the left of the South pole (as it is in autumn). If we rotate again 90° we reproduce the initial situation and begin the four seasons of a year (figure 11).

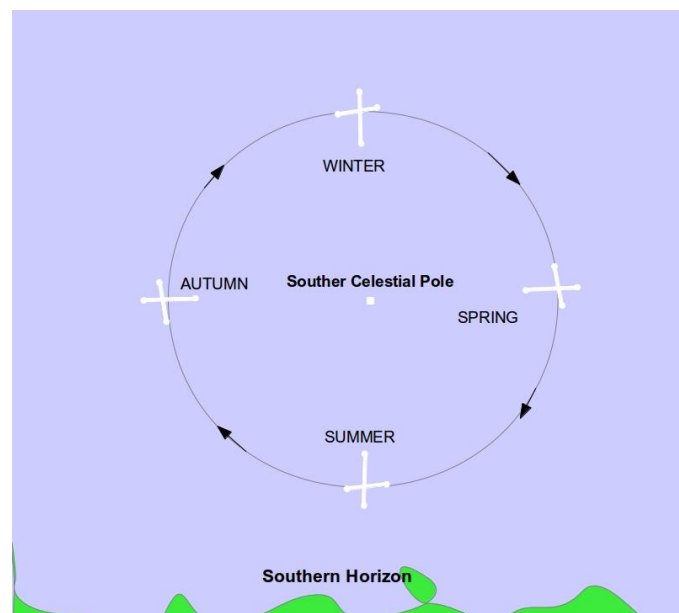


Fig. 11: Relative positions of the Southern Cross around the South Pole during the year

After the described process it is understood that in that area of the sky, called the northern horizon (the area of the horizon corresponding to the North cardinal point), the constellations that we see throughout the year are always the same and there is more variation.

Northern Horizon

We look at the fabric of the umbrella in the equatorial zone, ie the northern horizon. This area is where the constellations vary more. Which are visible in summer, are not in winter. Zeus, King of the gods in Greek mythology, put the giant Orion in the sky after his death from the bite of a scorpion. And also, Zeus put this constellation in the sky, but diametrically opposed, so he could not attack Orion again.

The central constellation during spring is Acuaris. We rotate the umbrella 90° , ie after three months and we have Orion with his hounds on the northern horizon which is the central constellation of summer. With another $\frac{1}{4}$ turn we are in autumn and the central constellation is Leo. If we rotate the umbrella 90° is winter, and we have the beautiful Scorpis constellation on the horizon sky

Conclusions for both hemispheres

Following the scheme presented earlier in both hemispheres for two horizons we can understand the s in the night sky” due to translational motion.

If we want to include the rotation movement in the activity, we have to consider that in addition to the annual motion described a daily movement due to the Earth's rotation makes. In a day both the Ursa Major and the Southern Cross give a complete turn to their respective poles.

To let go of the traslation movement of rotation is why we have simplified the activity imagining that we always carry out observation at the same time, so it is as the rotation were deleted.

Dark skies and light pollution

To observe the stars, we must have a dark sky. But this is only possible if we turn away from the cities. Humans have forgotten about the starry sky because we can not see it. This problem occurs because most of public lighting produces huge amounts of wasted energy lighting up the sky, which is unnecessary. Light pollution is one form of environmental pollution less known than most others. It affects the visibility of the night sky, but also alters the balance of the ecosystem and affects human health, since it breaches the biological clocks that are coordinated with periods of light and darkness. To be alert on this subject, learn to recognize the problem, warn others of the consequences, and find solutions.

There are three types of light pollution:

- a) The glow is a phenomenon that occurs, in general, by the public lighting outside. It is evident when we have the opportunity to travel at night and approach a city. We see that a light wraps around the city. The light produced by the light glow is wasted, it is spent on lighting up the sky, which is not needed and, therefore, not only affects our seeing the stars but spends energy unnecessarily. This type of contamination is reduced by choosing careful light fixtures and bulbs.
- b) The intrusion: the external light is projected in all directions and some of them entered, even unwittingly, to our homes. If the light is projected into the rooms, we will have to block the windows with curtains or shades at night.
- c) The glare: This type of pollution is linked to the lights of cars and even outdoor lighting in cities and homes. It is evident in places with slopes, as the glare occurs when someone finds an unexpected lamp or a reflector. In the last times, the traffic lights based on LED can also produce this kind of light pollution.

It is possible from various programs on the Internet to compile a series of practical activities for working on this issue, we propose only one that is interactive and easy to perform in any setting.

Activity 2: Light pollution

The objectives of this workshop are to show the polluting effect of unshielded lighting, recognizing the beneficial effect from the astronomical point of view, the choice of a baffle designed to control light pollution and highlight the possibility of improving the view of the stars, while we illuminate those places where we desire more light.

To carry out this experience obtain one cardboard box of certain dimensions that will allow the student to look inward. To draw the constellation that you select (in this example is that of Orion) and mark the stars as points first; later the holes will be made taking into account the diameter of each, depending on stellar magnitude (figures 12a and 12b). The constellation as

drawn on the outside of the box should be the mirror image of the constellation, so that it will be seen as it appears in the sky when you look inside the box.



Fig 12a and Fig 12b: Cardboard Box, design of the constellation Orion on one side

The box must be painted black on the inside so that if one looks directly inside , the constellation have the appearance of what is shown in figure 12a and 12b. The "stars", or points that represent them, will be illuminated by the input of the external light inside the box.



Fig. 13: View of Orion from inside the box. Each hole represents a star

Prepare two tennis table balls, making a hole that would allow it to fit over a flashlight. One of the balls is left as it is, and the other is painted with synthetic enamel of any color in the upper hemisphere, representing thus a so-called "shield" that prevents that light from projecting up (figures 14a and 14b).



Fig. 14a: Tennis table ball unshielded



Fig. 14b: Tennis table ball with a hemisphere painted.

To perform the experiment you need to use flashlights in which you can remove the protective top and leave the light bulb as shown in figures 15a and 15b. The tennis table ball is inserted into the flashlight.



Fig. 15a: We removed the protector of the flashlight



Fig. 15b: Flashlight with the tennis table ball simulating the street lamp

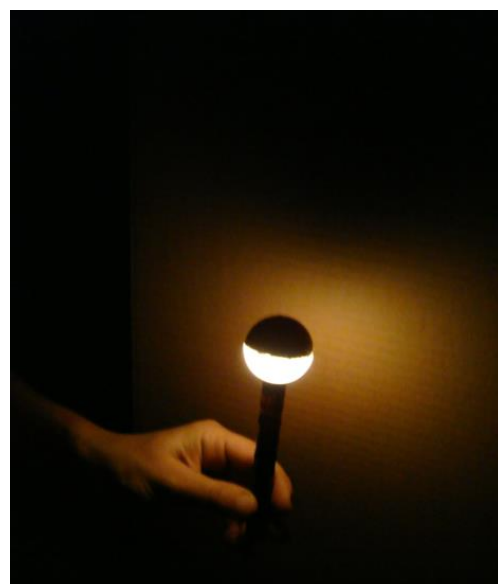


Fig. 16a: Lamp without shielded

Fig. 16b: Shielded Lamp

The experiment was performed in two stages: First with just the box. At this time, turn off the lights during the experiment. Both models are tested with the same flashlight to avoid variations in the intensity of light. Project the light both unshielded (figure 16a) and shielded (figure 16b) projecting the light onto a smooth nearby surface, for example a wall or piece of cardboard.

Second, see what happens inside the box. The situation shown in figures 17a and 17b, for cases with and without shield respectively. You can use a digital camera to take photos of what happens inside the box if it is not possible that participants can look inside. External lights in the room where the experiment takes place should be on.

You will notice what is happening very clearly. In the first situation, in the case of outdoor lighting, we see the situation with the baffle controls light pollution: the emission into the sky is greatly reduced.

In the second situation, when using both types of flashlight inside the box, we are simulating the situation of a night with unshielded lamp that sends extra lighting in the sky, called the glow, which obscures the view of the stars. In the case of digital camera, using automatic exposure, you can not even focus properly at the stars. By contrast, the flashlight adapted to control light pollution, it is clear that this device allows the sky to be much darker and the camera is able to clearly record the constellation of Orion.



































Fig. 17a: Appearance of the night sky with lanterns without shielded. Fig. 17b: Appearance of the night sky with lights shielded

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APPENDIX: How to Use Stellarium 0.10.6.1

To fix or not the toolbar (to bring the cursor to the lower left corner)	
Location. You can enter by cities, by coordinates or by clicking on a map	
Date and time that is displayed the sky	
Setting the view of the sky. In turn has four menus, which are explained below	
Number of stars, planets ...and to display or not the atmosphere	
Coordinate lines show in the sky, constellations ... Type of projection of the sky. We recommend Stereo graphic or Orthographic	
Show the landscape, soil, fog.	
Names and figures of the constellations and stars in each culture. The best known are the Western.	
Look for an object (i.e. Saturn, M13, NGC 4123, Altair)	
Setting the language and information of the objects shown on screen	
Help (shortcut keys, etc.).	
Normal rate of time	
Speed up time. Can be given several times	
Speed downtime.	
Back to the current time	
Lines of constellations	
Names of constellations	
Figures constellations	

Grid equatorial	
Grid azimuth + horizon	
Ground/Horizon	
Show cardinal Points	
Atmosphere	
Nebulae and names	
Names of the planets	
Equatorial mount / azimuth	
Center on selected object	
Night mode	
Full screen/ window	
Ocular (like looking to the selected object through a telescope)	
Show satellites in orbit	
Getting around the view	←, →, ↑, ↓
ZOOM +	Repág
ZOOM -	Avpág
Define selected planet as the planet from which to see. To return to Earth, look for Earth, and then click Ctrl G (command) to select the planet Earth from which it looks.	CTRL G
Leave / omit trace the path of the planets	May+T
Screen capture	CTRL S ó <i>PrintScreen</i>
Exit(complete with Stellarium)	 ó CTRLQ